



FACIAL REJUVENATION

Old way

Resurfacing the face using ablative lasers can produce a good result when done properly, but there is an extended risk of complications such as pigment changes and it sometimes requires many weeks of being out of work or school while the skin heals and becomes less red.

New way

Dr. Ryan Greene, who practices in Fort Lauderdale and Boca Raton, uses a newer fractionated laser, the Lumenis UltraPulse, to perform the resurfacing, which offers less down time and fewer complications.

"With the fractionated technology, the laser is still delivered to the surface, but there are zones that aren't treated around the treated areas. This allows the skin to heal quicker. Ablated is probably still the gold standard, but fractionated is best for most patients today," Greene says, and it's very well suited for people who want rejuvenation without surgery.

"It really can produce remarkable results. The advantage is you can produce results very close to an ablative procedure, but the down time is less than a week, with extremely low risk of complications," he says.

He applies a topical anesthetic before the treatment and can perform the procedure in less than an hour in his office. There is a small amount of discomfort, Greene says.

"I liken these treatments to giving the patient a really bad sunburn, the worst they've ever had, and they do peel. But the peeling is within a week. We have so many sun worshipers here in Florida who have accumulated so much sun damage, and that's what we're targeting - the leathery skin and the heavy wrinkles," Greene says.

The same laser is also used to smooth out acne scars, surgical or trauma-caused scars, including burns, Greene says, but multiple treatments may be required.

Ryan Greene MD, PhD, is a facial plastic surgeon who emphasizes natural results and compassionate patient care. He specializes in rhinoplasty, revision rhinoplasty and facial rejuvenation procedures. Following his residency at the University of Illinois at Chicago, he was among an elite group selected for a fellowship in Facial Plastic & Reconstructive Surgery at the University of Miami Miller School of Medicine. Dr. Greene is a member of the American Academy of Facial Plastic & Reconstructive Surgery and is board certified by the American Board of Otolaryngology – Head & Neck Surgery. He is active in supporting local charities and sponsored his own charity event to benefit the Sun Sentinel Children's Fund and the Ronnie Brown Project to help youth in the community. Greene also is a volunteer at the Jack and Jill Children's Center, and says he believes it is important to give back to the community.

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