
THINK NEW YEAR ★ NEW LOOK



FRESHENING UP

CHOOSING A FILLER DEPENDING
ON THE PATIENT

"The things patients come to me around the holidays for are typically Botox and fillers," Dr. Greene said. "They are a really effective way for someone to look refreshed for these get-togethers."

Dr. Greene should know ... he practically" wrote the book," serving as a contributing editor for a textbook on neurotoxins (Botox, Dysport) and injectable fillers. This textbook is used by practitioners around the world as a reference for the use and technique of injectable agents.

He uses fillers to add volume to the face and to erase wrinkles and fine lines. They help create facial rejuvenation with no downtime. Little discomfort is involved with the injectable fillers and Dr. Greene uses a numbing cream first. Bruising is kept to a minimum and there are few side effects. "The treatments are so effective and easy."

Some people have the perception that fillers such as Botox create an unnatural

look. "That can't be further from the truth," he said. "It still takes a lot of experience and an artistic eye to create an excellent result." Those results last from six months to several years, depending on the type of filler used. Botox, for example, lasts from three to four months.



Dr. Ryan Greene, MD, PhD
Board Certified Facial Plastic
Surgeon and a Fellow of the
American Academy of
Facial Plastic and
Reconstructive Surgery

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Dr. Greene also offers Restylane and Juvéderm, other popular fillers, which can also "create very natural results." These are made from natural acids that are already in our bodies, so there is no risk of allergic reactions.

Once Dr. Greene has consulted with a patient and developed a treatment plan, the treatment or procedure can often be done the same day. Each treatment takes 15 minutes to an hour. "I'm a big proponent of an individualized treatment. For me, each patient is different."

Executive Park Drive,
Suite 1, Weston; 954.651.6600; and
7421 N. University Drive, Suite 301,
Fort Lauderdale; 954.651.6600;
drryangreene.com